

# Meeting Minutes of the Governor's Council on Substance Abuse Prevention and Treatment Youth Subcommittee Thursday, February 26, 2026, Approved

## Attendees:

**Subcommittee Members Attending:** Misty Atkins, Rebecca Crowder (co-chair), Amy Sadler, Elizabeth Shahan (co-chair)

**Subcommittee Members Not Attending:** Danny Anderson, Tahnee Bryant, EJ Jenkins, Jo Anne McNemar, Tiffany Pittman

**Guests Attending:** Tristram Spitsnaugle

**Marshall University Staff Attending:** Bradley McCoy

## Opening:

Rebecca Crowder provided welcome and opening remarks of this meeting of the Governor's Council on Substance Abuse Prevention and Treatment - Youth Subcommittee. The meeting was called to order on Thursday, February 26, 2026, and was conducted by Google Meet conference. Co-chairs Rebecca Crowder and Elizabeth Shahan approved the January 22, 2026 meeting minutes. There was no further discussion. The purpose of this meeting was to discuss 2026 State Plan key performance indicator (KPI) implementation.

## Agenda Items:

### 2026 State Plan Overview and Quarter 1 Prioritization

- **Goal 1, Strategy 1, KPI 1:** Elizabeth Shahan connected with Casandra Toliver about Sequential Intercept Mapping data previously collected by region, but the data is 2-3 years old now.
- **Goal 1, Strategy 1, KPI 2:** The Subcommittee has communicated to Aetna and the Department of Human Services as well as groups who work with youth in behavioral health settings for their participation in an upcoming focus group. Two family members with experience in seeking youth services have also confirmed their participation. For the next stage, questions and discussion topics will be prepared for the upcoming focus groups. Bradley McCoy will work with Dr. Deb Koester to schedule a meeting with the Subcommittee chairs about this.
- **Goal 1, Strategy 1, KPI 3:** The Subcommittee's primary goal is to use the compiled data to identify the available inpatient treatment options for youth who are not connected to judicial systems or are not in state's custody. The Subcommittee is sending their list to Amy Sadler to review and confirm. Elizabeth Shahan will share Josh Barker's report for the Attorney General's Office with Bradley McCoy and subsequently the rest of the Subcommittee.
- **Goal 3, Strategy 1, KPI 1:** The current data and research about existing organizations and Community Centers is outdated, having been produced 10-20 years ago. Rebecca Crowder is compiling this research on youth in community centers and will provide it to the Subcommittee by the March meeting.

- **Goal 3, Strategy 1, KPI 2:** The Subcommittee has spoken with Tyler Ferrell who is the Executive Director of the Region 2 Inter-Governmental Council with the West Virginia Association of Planning Organizations. He is connecting with 11 other regions to see what community centers are available and operating. Ferrell connected the group with Anita Perdue at BARN Community Center located in Boone County as a future resource of information.

#### **Subcommittee Membership**

- Tristram Spitsnaugle, the new Youth Services Director at Westbrook, introduced himself to the Subcommittee and will be sent State Plans with goals, strategies, and KPIs.

#### **Additional Discussion**

- None.

#### **Adjournment:**

Rebecca closed the meeting by thanking all Subcommittee members for their attendance and participation. The Youth Subcommittee will meet again on March 26, 2026 at 9:00 AM.