

# Meeting Minutes

## Pregnant and Parenting Women Subcommittee of the Governor's Council on Substance Abuse Prevention and Treatment Thursday, January 29, 2026, Approved

### Attendees:

**Subcommittee Members Attending:** Courtney Boyd, Janine Breyel, Rebecca Crowder, Dr. David Didden, Rhonda Edmunds, Amna Haque, Kelly Lemon, Dr. Stefan Maxwell (chair), Lisa Richards, Dr. Cody Smith

**Subcommittee Members Not Attending:** Tameran Asbury, Kristy Richardson-Ohlis, Amy Tolliver

**Guests Attending:** Randa Eddy

**Office of Drug Control Policy (ODCP) Staff Attending:** Olivia Fox, Dr. Stephen Loyd

**State Opioid Response Regional (SOR) Coordinators Attending:** Jill Poe, Elizabeth Shahan

**Marshall University Staff Attending:** Bradley McCoy

### Opening:

Dr. Stefan Maxwell (chair) provided welcome and opening remarks of this meeting of the Governor's Council on Substance Abuse Prevention and Treatment, Pregnant and Parenting Women (PPW) Subcommittee. The meeting was called to order on Thursday, January 29, 2026, and was conducted by Google Meet video conference. The December 15, 2025 meeting minutes were approved by Dr. Stefan Maxwell. There was no further discussion. The purpose of the meeting was to discuss 2026 State Plan implementation.

### Agenda:

#### Guest Speaker – Jackie Newsome

- Jackie was unable to attend this meeting and will be added to the February agenda.

#### State Plan 2026

- Bradley McCoy provided an overview of the 2026 State Plan. It is still awaiting approval from the Governor's Office.
- **Goal 1, Strategy 1, KPI 1 and 2:** The Subcommittee is waiting on an internal transfer. Dr. David Didden will reach out to Theresa Marks about who is responsible for holding meetings of the Maternal Risk Screening Advisory Council. Jackie Newsome will provide update at the February meeting.
- **Goal 1, Strategy 2, KPI 1:** A comprehensive survey will be conducted by the West Virginia Perinatal Partnership to understand the existing challenges and barriers for pediatric providers in making referrals for mom and baby. The goal should include a collaborative effort with pediatrician providers to ensure both the mother and baby receive standardized and adequate care. Currently models are being tested to understand the best collaborative care approach. Billing encounters could be a potential challenge after 6 weeks postpartum. Following delivery, mothers are referred to a primary care provider and are not being referred to their OB/GYN. It is creating a gap between mothers and OB/GYNs.
- **Goal 1, Strategy 2, KPI 2:** The Subcommittee will determine the educational components to

provide to pediatric providers. Kelly Lemon will provide a table of treatment options they use as a referral resource based on substance used.

- **Goal 1, Strategy 3, KPI 1:** Due January 31, 2025, the budget and proposal have been completed by Gabe Chasnoff with NTI Upstream.
- **Goal 1, Strategy 3, KPI 2:** The Perinatal Partnership will use funding from the Bureau for Behavioral Health so they will sign an agreement with NTI Upstream. They will pay half now and half at the end of the project in September 2026.
- **Goal 1, Strategy 3, KPI 3:** Amna Haque is updating an existing information packet.
- **Goal 1, Strategy 3, KPI 5:** The next goal would be to focus on fetal alcohol syndrome. Tobacco cessation is also an area of concern as rates are comparable to previous generations. Tobacco creates growth restrictions in pregnancy. Children who were exposed to nicotine in utero often show higher obesity rates and cardiovascular stress later in life. The Subcommittee discussed how to educate the legislature and possible funding sources for tobacco prevention and cessation referrals that can prevent long-term health effects that cost society.

#### **Additional Discussion**

- HB4196 is a bill that will require medication-assisted treatment (MAT) clinics to offer voluntary long-term contraception referrals.
- “Emily’s Hope” is a podcast, and their recent episode featured a colleague of Dr. Stephen Loyd’s addressing marijuana usage.
- Dr. David Didden provided the following links:
  - Fetal Origins of Adult Disease: <https://pmc.ncbi.nlm.nih.gov/articles/PMC4608552/>
  - Neonatal Abstinence Syndrome: A Call for Mother-Infant Dyad Treatment Approach <https://www.aafp.org/pubs/afp/issues/2021/0900/p222.html>
  - Dyadic Care Interventions and Outcomes for Mothers and Their Infants: A Scoping Review <https://publications.aap.org/pediatrics/article-abstract/156/6/e2025073023/205466/Dyadic-Care-Interventions-and-Outcomes-for-Mothers?redirectedFrom=fulltext?autologincheck=redirected>

#### **Adjournment:**

Dr. Maxwell closed the meeting by thanking all Subcommittee members for their attendance and participation. The Subcommittee will meet again on Wednesday, February 25, 2026, at 10:00 AM.